

Intervention: Seattle Social Development Project

Finding: Sufficient evidence for effectiveness

Potential partners to undertake the intervention:

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| <input type="checkbox"/> Nonprofits or local coalitions | <input type="checkbox"/> Businesses or labor organizations |
| <input checked="" type="checkbox"/> Schools or universities | <input type="checkbox"/> Media |
| <input type="checkbox"/> Health care providers | <input type="checkbox"/> Local public health departments |
| <input type="checkbox"/> State public health departments | <input type="checkbox"/> Policymakers |
| <input type="checkbox"/> Hospitals, clinics or managed care organizations | <input type="checkbox"/> Other: |

Background on the intervention:

This project was a multi-year intervention, based on a social development model derived from an integrated theory of human behavior. It was implemented in Seattle, Washington as a school-based program to provide developmentally appropriate, social competence training to elementary school children. It is recommended for urban, socioeconomically disadvantaged children--white, Asian, Native American, and especially African American--in grades 1 through 6.

Findings from the systematic reviews:

At age 18, participants showed significant delay in the initiation of sex; among sexually experienced youth, the number of sexual partners was reduced and condom use increased. By age 21, participants had reduced rates of teen pregnancy and birth relative to comparison youth. Other long-term outcomes included increased academic achievement and reduced incidence of delinquency, violence, school misbehavior, and heavy drinking.

Additional information:

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References:

Alford, S. Science and Success: Sex education and other programs that work to prevent teen pregnancy, HIV and Sexually Transmitted Infections; 2003.

Available online at:

[Advocates for Youth](http://www.advocatesforyouth.org/publications/ScienceSuccess.pdf) - <http://www.advocatesforyouth.org/publications/ScienceSuccess.pdf>